UMR: METHODIST HEALTH SYSTEM: 7670-00-413094 001, 002, 003

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.umr.com or by calling 1-800-826-9781. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.umr.com or call 1-800-826-9781 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	**$1,000** person / **$2,000** person +1 / **$3,000** family Tier 1 **$1,000** person / **$2,000** person +1 / **$3,000** family Tier 2 **$3,000** person / **$5,000** person +1 / **$7,000** family Tier 3	Generally, you must pay all the costs from providers up to the deductible amount before this plan begins to pay.
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out–of–pocket limit for this plan?	**$4,000** person / **$6,500** person +1 / **$9,000** family Tier 1 **$4,000** person / **$6,500** person +1 / **$9,000** family Tier 2 **$7,000** person / **$10,000** person +1 / **$14,000** family Tier 3	The out-of-pocket limit is the most you could pay in a year for covered services.
What is not included in the out–of–pocket limit?	Penalties, premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.umr.com or call 1-800-826-9781 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (a balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay				Limitations, Exceptions, & Other Important Information
		Tier 1	Tier 2	Tier 3	Tier 4	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$25 Copay per visit; Deductible Waived	$25 Copay per visit; Deductible Waived	60% Coinsurance	Not covered	None
	Specialist visit	$50 Copay per visit; Deductible Waived	$50 Copay per visit; Deductible Waived	60% Coinsurance	Not covered	None
	Preventive care/screening/ immunization	No charge; Deductible Waived	No charge; Deductible Waived	No charge; Deductible Waived	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	No charge; Deductible Waived labs; 15% Coinsurance x-rays	No charge; Deductible Waived labs office setting; 20% Coinsurance x-rays office setting and lab & x-rays outpatient setting	60% Coinsurance	Not covered	None
	Imaging (CT/PET scans, MRIs)	15% Coinsurance	20% Coinsurance	60% Coinsurance	Not covered	Not covered if not medically necessary.

Common Medical Event	Services You May Need	What You Will Pay				Limitations, Exceptions, & Other Important Information
		Tier 1	Tier 2	Tier 3	Tier 4	
If you need drugs to treat your illness or condition. More information about prescription drug coverage is available at www.umr.com.	Generic drugs (Tier 1)	35% Copay with a Minimum of $10 up to a Maximum of $100 per prescription (retail); 35% Copay with a Minimum of $20 up to a Maximum of $200 per prescription (mail order)			Not covered	Out-of-pocket limit applies Covers up to a 30-day supply (retail & specialty); 31-90 day supply (mail order) Diabetic drugs 30-day supply retail: No charge (generic); 20% Copay with a Minimum of $30 up to a Maximum of $100 per prescription (preferred); 50% Copay with a Minimum of $50 up to a Maximum of $120 per prescription (non-preferred); 90-day supply mail order: No charge (generic); 20% Copay with a Minimum of $60 up to a Maximum of $200 per prescription (preferred); 50% Copay with a Minimum of $100 up to a Maximum of $230 per prescription Diabetic supplies 30-day supply retail: No charge (generic & preferred); 20% Copay with a Minimum of $30 up to a Maximum of $100 per prescription (non-preferred); 90-day supply mail order: No charge (generic & preferred); 20% Copay with a Minimum of $60 up to a Maximum of $200 per prescription (non-preferred) You must pay the difference in cost between a Generic drug and Brand-name drug when a medical professional has not specified a Brand-name drug or has not indicated that the Brand-name drug is necessary, until the out-of-pocket is met
	Preferred brand drugs (Tier 2)	35% Copay with a Minimum of $40 up to a Maximum of $120 per prescription (retail); 35% Copay with a Minimum of $70 up to a Maximum of $230 per prescription (mail order)				
	Non-preferred brand drugs (Tier 3)	50% Copay with a Minimum of $60 up to a Maximum of $150 per prescription (retail); 50% Copay with a Minimum of $120 up to a Maximum of $250 per prescription (mail order)				
	Specialty drugs (Tier 4)	35% Copay with a Minimum of $90 up to a Maximum of $170 per prescription				

Common Medical Event	Services You May Need	What You Will Pay				Limitations, Exceptions, & Other Important Information
		Tier 1	Tier 2	Tier 3	Tier 4	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	15% Coinsurance	20% Coinsurance	60% Coinsurance	Not covered	None
	Physician/surgeon fees	15% Coinsurance	20% Coinsurance	60% Coinsurance	Not covered	None
If you need immediate medical attention	Emergency room care	$300 Copay per visit; 15% Coinsurance True ER; $300 Copay per visit; 25% Coinsurance Non-true ER	$300 Copay per visit; 20% Coinsurance True ER; $300 Copay per visit; 30% Coinsurance Non-true ER	$300 Copay per visit; 20% Coinsurance True ER; $300 Copay per visit; 30% Coinsurance Non-true ER	$300 Copay per visit; 20% Coinsurance True ER; $300 Copay per visit; 30% Coinsurance Non-true ER	Tier 2 deductible applies to Tiers 3 & 4 benefits; Copay may be waived if admitted
	Emergency medical transportation	15% Coinsurance	20% Coinsurance	20% Coinsurance	20% Coinsurance	Tier 2 deductible applies to Tiers 3 & 4 benefits; $10,000 Maximum benefit per calendar year Air ambulance
	Urgent care	15% Coinsurance Hospital/Freestanding Urgent Care Facility $25 Copay per visit PCP; $50 Copay per visit Specialist; Deductible Waived	20% Coinsurance Hospital/Freestanding Urgent Care Facility $25 Copay per visit PCP; $50 Copay per visit Specialist; Deductible Waived	60% Coinsurance	Not covered	None
If you have a hospital stay	Facility fee (e.g., hospital room)	15% Coinsurance	20% Coinsurance	60% Coinsurance	Not covered	Preauthorization is required.
	Physician/surgeon fee	15% Coinsurance	20% Coinsurance	60% Coinsurance	Not covered	None

Common Medical Event	Services You May Need	What You Will Pay				Limitations, Exceptions, & Other Important Information
		Tier 1	Tier 2	Tier 3	Tier 4	
If you have mental health, behavioral health, or substance abuse needs	Outpatient services	$25 Copay per visit; Deductible Waived office visits; 15% Coinsurance other outpatient services	$25 Copay per visit; Deductible Waived office visits; 20% Coinsurance other outpatient services	60% Coinsurance	Not covered	Preauthorization is required for Partial hospitalization.
	Inpatient services	15% Coinsurance	20% Coinsurance	60% Coinsurance	Not covered	Preauthorization is required.
If you are pregnant	Office visits	No charge; Deductible Waived	No charge; Deductible Waived	No charge; Deductible Waived	Not covered	Cost sharing does not apply to certain preventive services. Depending on the type of services, deductible, copayment or coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	15% Coinsurance	20% Coinsurance	60% Coinsurance	Not covered	
	Childbirth/delivery facility services	15% Coinsurance	20% Coinsurance	60% Coinsurance	Not covered	
If you need help recovering or have other special health needs	Home health care	15% Coinsurance	20% Coinsurance	60% Coinsurance	Not covered	60 Maximum visits per calendar year; Preauthorization is required.
	Rehabilitation services	15% Coinsurance	20% Coinsurance	60% Coinsurance	Not covered	60 Maximum visits per calendar year
	Habilitation services	Not covered	Not covered	Not covered	Not covered	None
	Skilled nursing care	15% Coinsurance	20% Coinsurance	60% Coinsurance	Not covered	60 Maximum days per calendar year; Preauthorization is required.
	Durable medical equipment	15% Coinsurance	20% Coinsurance	60% Coinsurance	Not covered	Preauthorization is required.

Common Medical Event	Services You May Need	What You Will Pay				Limitations, Exceptions, & Other Important Information
		Tier 1	Tier 2	Tier 3	Tier 4	
	Hospice service	15% Coinsurance	20% Coinsurance	60% Coinsurance	Not covered	None
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	Not covered	Not covered	None
	Children's glasses	Not covered	Not covered	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	Not covered	Not covered	None

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery (except when medically necessary)
- Dental care (adult)
- Hearing aids
- Infertility treatment
- Long-term care
- Private-duty nursing
- Routine eye care (adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery (Tier 2 only)
- Chiropractic care (Tiers 1, 2 & 3 only)
- Non-emergency care when traveling outside the U.S. (Tiers 1, 2 & 3 only)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. Additionally, a consumer assistance program may help you file your appeal. A list of states with Consumer Assistance Programs is available at www.dol.gov/ebsa/healthreform and http://cciio.cms.gov/programs/consumer/capgrants/index.html.

Does this plan Provide Minimum Essential Coverage? Yes
If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan Meet the Minimum Value Standard? Yes
If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:
Spanish (Español): Para obtener asistencia en Español, llame al 1-800-826-9781.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	$1,000
Specialist copayment	$50
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:
Specialist office visits *(prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests *(ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,800**

In this example, Peg would pay:

Cost Sharing	
Deductibles	$1,000
Copayments	$0
Coinsurance	$1,400
What isn't covered	
Limits or exclusions	$0
The total Peg would pay is	**$2,400**

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	$1,000
Specialist copayment	$50
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:
Primary care physician office visits *(including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$7,400**

In this example, Joe would pay:

Cost Sharing	
Deductibles*	$1,000
Copayments	$200
Coinsurance	$60
What isn't covered	
Limits or exclusions	$20
The total Joe would pay is	**$1,280**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

The plan's overall deductible	$1,000
Specialist copayment	$50
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic tests *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$1,900**

In this example, Mia would pay:

Cost Sharing	
Deductibles*	$1,000
Copayments	$300
Coinsurance	$80
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$1,380**

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: www.umr.com or call 1-800-826-9781.
*Note: You don't have to meet other deductibles for specific services. See "Are there other deductibles for specific services?"" row above.

The **plan** would be responsible for the other costs of these EXAMPLE covered services.