Coverage for: Individual + Family | Plan Type: HDHP



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.bscmyqhealth.com</u> or by calling 1-855-649-3857. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other underlined terms see the Glossary. You can view the Glossary at <u>www.bscmyqhealth.com</u> or call 1-855-649-3857 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	<b>\$1,650</b> person / <b>\$3,300</b> family In-network <b>\$3,300</b> person / <b>\$6,600</b> family Out-of-network	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$3,500 person / \$7,000 family In-network \$7,000 person / \$14,000 family Out-of-network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	Penalties, <u>premiums</u> , <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.bscmyqhealth.com">www.bscmyqhealth.com</a> or call 1-855-649-3857 for a list of <a href="https://network.providers">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you receive services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All  $\underline{\text{copayment}}$  and  $\underline{\text{coinsurance}}$  costs shown in this chart are after your  $\underline{\text{deductible}}$  has been met, if a  $\underline{\text{deductible}}$  applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Information
	Primary care visit to treat an injury or illness	20% Coinsurance	40% Coinsurance	None
If you visit a health care provider's office or clinic	<u>Specialist</u> visit	20% Coinsurance	40% Coinsurance	None
	Preventive care/screening/ immunization	No charge; Deductible Waived	40% Coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% Coinsurance except prenatal ultrasounds no charge, deductible waived	40% Coinsurance	None
	Imaging (CT/PET scans, MRIs)	20% Coinsurance	40% Coinsurance	Preauthorization is required.

Common	Services You May Need	What You Will Pay		Limitations Evacutions 9 Other Important
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition.  More information about prescription drug coverage is available at www.optumrx.com	Generic drugs (Tier 1)	\$10 Copay per prescription (retail); \$25 Copay per prescription (mail order)	If you use a Non-Network Pharmacy, you are responsible for payment upfront. You may be reimbursed based on the lowest contracted amount, minus any applicable deductible or copayment amount	
	Preferred brand drugs (Tier 2)	20% Copay with a Minimum of \$25 and up to a Maximum of \$75 per prescription (retail); 20% Copay with a Minimum of \$62.50 and up to a Maximum of \$187.50 per prescription (mail order)		Deductible and Out-of-pocket limits are combined with medical coverage
	Non-preferred brand drugs (Tier 3)	30% Copay with a Minimum of \$40 and up to a Maximum of \$120 per prescription (retail); 30% Copay with a Minimum of \$100 and up to a Maximum of \$300 per prescription (mail order)		Covers up to a 30-day supply (retail); 31-90 day supply (mail order); Covers up to a 30-day supply (specialty)  Once the annual out-of-pocket limit is met, you pay nothing
	Specialty drugs (Tier 4)	\$10 Copay per prescription (generic); 20% Copay with a Minimum of \$25 and up to a Maximum of \$75 per prescription (preferred brand); 30% Copay with a Minimum of \$40 and up to a Maximum of \$120 per prescription (non-preferred brand)		
	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance	40% Coinsurance	Preauthorization is required.

Common	Services You May Need	What You Will Pay		Limitations Evacutions 9 Other Important	
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have outpatient surgery	Physician/surgeon fees	20% Coinsurance	40% Coinsurance		
If you need	Emergency room care	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits	
immediate medical attention	Emergency medical transportation	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits	
attention	<u>Urgent care</u>	20% Coinsurance	40% Coinsurance	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% Coinsurance	40% Coinsurance	Preauthorization is required.	
	Physician/surgeon fee	20% Coinsurance	40% Coinsurance		
If you have mental health, behavioral	Outpatient services	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits; Preauthorization is required.	
health, or substance abuse services	Inpatient services	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits; Preauthorization is required.	

Common		What You Will Pay		Limitations Evacutions & Other Important	
Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Office visits	No charge; Deductible Waived	40% Coinsurance	Cost sharing does not apply to certain	
If you are pregnant	Childbirth/delivery professional services	20% Coinsurance	40% Coinsurance	preventive services. Depending on the type of services, deductible, copayment or coinsurance may apply. Maternity care may include tests and services described	
	Childbirth/delivery facility services	20% Coinsurance	40% Coinsurance	elsewhere in the SBC (i.e. ultrasound).	
If you need help recovering or have other special health needs	Home health care	20% Coinsurance	40% Coinsurance	100 Maximum visits per calendar year; Preauthorization is required.	
	Rehabilitation services	20% Coinsurance	40% Coinsurance	None	
	Habilitation services	20% Coinsurance	40% Coinsurance	None	
	Skilled nursing care	20% Coinsurance	40% Coinsurance	100 Maximum days per calendar year; Preauthorization is required.	
	Durable medical equipment	20% Coinsurance	40% Coinsurance	Preauthorization is required for DME in excess of \$1,500 for purchases or all rentals.	

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Information
	Hospice service	20% Coinsurance	40% Coinsurance	Preauthorization is required.
	Children's eye exam	Not covered	Not covered	None
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

## **Excluded Services & Other Covered Services:**

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)

- Long-term care
- Private-duty nursing
- Routine eye care (Adult)

- Routine foot care
  - Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Bariatric surgery
- Chiropractic care

- Hearing aids
- Infertility treatment

- Non-emergency care when traveling outside the U.S.
- Routine foot care (only for patients with systemic circulatory disease)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.HealthCare.gov">www.HealthCare.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.HealthCare.gov. Additionally, a consumer assistance program may help you file your appeal. A list of states with Consumer Assistance Programs is available at www.HealthCare.gov and http://cciio.cms.gov/programs/consumer/capgrants/index.html.

## **Does this plan Provide Minimum Essential Coverage? Yes**

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples:**



Total Example Cost

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,650
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example 003t	Ψ12,100	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$1,650	
Copayments	\$0	
Coinsurance	\$1,900	
What isn't covered		
Limits or exclusions \$7		
The total Peg would pay is	\$3,620	

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$1,650
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600			
In this example, Joe would pay:				
Cost Sharing				
Deductibles*	\$1,650			
Copayments	\$900			
Coinsurance	\$600			
What isn't covered				
Limits or exclusions	\$20			
The total Joe would pay is	\$3,170			

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1,650
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies) Diagnostic tests (x-ray)

Durable medical equipment (crutches)

**Total Example Cost** 

Rehabilitation services (physical therapy)

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In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u> *	\$1,650
Copayments	\$0
Coinsurance	\$200
What isn't covered	
Limits or exclusions	\$10
The total Mia would pay is	\$1,860

\*Note: Deductible and out-of-pocket limits for this plan are combined for both medical and prescription drug costs.

\$12 700

\$2.800