

# How to read your Dignity Health ID card

WHAT YOU NEED TO KNOW

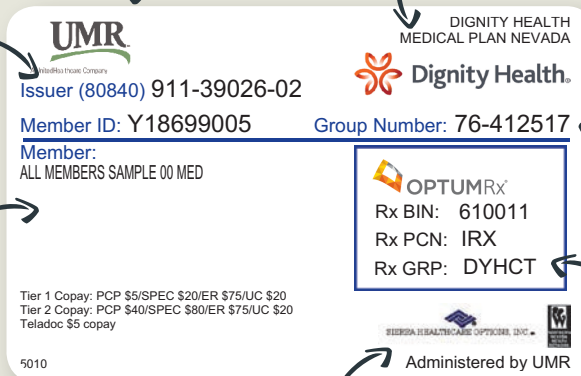
Get the most of out of your provider networks

UMR is your benefits administrator and single source of contact. They are the customer service center for medical claims, provider look up, and care management assistance.

The Dignity Health Preferred Network (Tier 1) includes the Dignity Health Medical Group Nevada, aligned physicians and providers, and Dignity Health facilities. You and your covered dependents will pay a lower cost share when you use Tier 1 providers. Call UMR at 1-866-868-2701 or register and log into [www.umar.com](http://www.umar.com). Or go to [www.umar.com/DHMPNevadaEPO](http://www.umar.com/DHMPNevadaEPO) to locate health care providers and access claims.

The number assigned specifically to you to track all of your benefits and claims information.

A list of the family members who are covered under your plan.



The number assigned to identify your group health plan.

Information about your prescription drug plan. Pharmacists use this to process your claims.

The SHO Network is your Tier 2 network when seeking services inside Nevada. The UnitedHealthcare Options PPO Network is your secondary network option when seeking services outside of Nevada. Log on to your account at [www.umar.com](http://www.umar.com) or [www.umar.com/DHMPNevadaEPO](http://www.umar.com/DHMPNevadaEPO) to find a provider.



A UnitedHealthcare Company